



Do you want to learn  
how to cook and  
manage your Type 1  
Diabetes?

 **D**  **ICE**

Diabetes-Inspired Culinary Education  
Children's Cooking Class!



## Diabetes-Inspired Culinary Education Free Children's Cooking Class!

A 10-week educational research program for youth with type 1 diabetes and their families being offered this Spring (March - May, 2024) and Summer (June-August, 2024)!

Time & Location: Weekly cooking classes from 6-7:30PM at a new teaching kitchen at Case Western Reserve University (2210 Circle Dr. Cleveland, OH 44106)



To be eligible, your child must be between 8-14-years-old and diagnosed with type 1 diabetes. As a participant in this study, you and your child with type I diabetes will be asked to attend all 10 cooking lessons during the Spring or Summer session and complete surveys, questionnaires, and body measurements at 3 timepoints between February - September, 2024.

**Your entire family will enjoy a free family dinner each lesson!**

If you are interested in joining this study or learning more, please contact the DICE team by email ([dice@case.edu](mailto:dice@case.edu)) or telephone (440-941-3504).